March 14, 2024

Cuidanas an (Ulana COVUD)	
Guidance on "Long COVID" as a	harry H Lie and Let H. Sahar H Show Let H. Sahar
Disability Under the ADA, Section	https://www.hhs.gov/civil-rights/for-providers/civil-rights-
504, and Section 1557	covid19/guidance-long-covid-disability/index.html
Find Local Help	https://localhelp.healthcare.gov/#/intro
Aging and Disability Resource	
Center	https://eldercare.acl.gov/Public/Index.aspx
How to Have a Great,	
Disabled Life	https://howtogeton.wordpress.com/
State Vocational Rehabilitation	
Agencies	https://rsa.ed.gov/about/states
Accommodations guide	https://askjan.org/index.cfm
Long COVID Accommodations	https://askjan.org/disabilities/Long-COVID.cfm
About Myalgic	
Encephalomyelitis/Chronic	https://askjan.org/disabilities/Myalgic-Encephalomyelitis-Chronic-
Fatigue Syndrome	<u>Fatigue-Syndrome.cfm</u>
Disability Benefits 101	https://www.db101.org/
	https://www.cfspharmacy.pharmacy/human-medicine/low-dose-
LDN Pharmacy	<u>naltrexone</u>
LDN Pharmacy	https://www.belmarpharmasolutions.com/
How ACL's Disability and Aging	
Networks Can Help People with	
Long COVID	https://acl.gov/sites/default/files/COVID19/ACL_LongCOVID.pdf
The Long COVID Survival Guide'	https://www.npr.org/2022/11/18/1137661071/the-long-covid-
to finding care and community	survival-guide-to-finding-care-and-community
Community Support for Long	
COVID	https://www.wearebodypolitic.com/covid-19
How ACL's Disability and Aging Networks Can Help People with Long COVID The Long COVID Survival Guide' to finding care and community Community Support for Long	https://acl.gov/sites/default/files/COVID19/ACL_LongCOVID.pdf https://www.npr.org/2022/11/18/1137661071/the-long-covid-survival-guide-to-finding-care-and-community